



Rotary District 5030 Newsletter

April 2021



Cathy Gibson
District Governor

*"Together, we see a world where people unite and take action to create lasting change
— across the globe, in our communities, and in ourselves."*

Rotary
Rotary Opens Opportunities

Rotary District 5030
Honors the
University Sunrise Rotary Club
for
Outstanding Growth in Membership

Thomas Ranken, Club President
Catherine Gibson, District Governor

Wilson
Roger
Anahita
Daniel
John

Stuart
Stephen
Michelle
Bob
Walker

President Tom

Congratulations to the University Sunrise Rotary Club for Outstanding Membership Growth!

Clubs all across our district have welcomed new members this year, and many have experienced a net increase in membership since July 1st. Impressively, the University Sunrise club has seen a 20% growth in membership since the beginning of the 2020-2021 Rotary year.

"We have been very intentional about a number of things this year," says Club President Tom Ranken. "We have built up our database considerably and we use it every week to let the greater community know about our programs and our projects. By getting the word out, it helps build a positive brand for the Club in the community." Ranken adds: "We have been more aggressive about asking people to join the Club. If you show up for a meeting or two, you will be asked if you are interested in joining us."

What are club members saying about the University Sunrise club?

"I joined mainly for networking opportunities, was blown away by the great speakers and then the service projects really pulled me in"

DG Cathy's Message

Across our region, Covid vaccine centers are setting daily records, and a **vital role for all Rotarians is to promote vaccine acceptance**, especially as everyone 16 and older in Washington state becomes eligible for vaccination on April 15. Check out our dedicated website www.RotaryCovidResponse.org and this District video to **learn how you can help**: <https://www.youtube.com/watch?v=oQR0h85HqB4>

Race does matter to Rotarians and that's why we stand against all forms of racial prejudice and hate, including violence against Asian Americans. Beyond our shared outrage we can be prepared to take action. If you are interested in **Bystander training**, please consider joining fellow Rotarians at one of these sessions in May: <https://www.advancingjustice-chicago.org/what-we-do/bystander-intervention-trainings/> and plan to attend the fourth **District 5030 'Race Matters to Rotary' forum on April 17th**. Register here: <https://zoom.us/meeting/register/tJMqf-ijrT4sEtwpPB3VAt0t8FGngLVuDWXfe>

Observe Earth Day by joining a Rotaractor "Adopt-A-Street" clean-up and watch the documentary "**Kiss the Ground**" with the Environmental Rotary Club of Puget Sound. Details on page 2.

Finally, if you have yet to make your annual contribution to **The Rotary Foundation** this year, please donate here: <https://www.rotary.org/en/donate>

Cathy

"I was a longtime Scoutmaster. One of the parents in our troop invited me to a club meeting. After meeting some members, I realized Rotary was scouting for big kids."

"I attended a meeting, received a friendly greeting from Club members, enjoyed breakfast, and listened to an interesting presentation from the speaker. I decided then and there that University Sunrise Rotary was the organization I wanted to join. And I did."

"I visited for the programs, and stayed for the service."

"I rejoined Rotary by becoming a member during COVID-19 in University Sunrise. I have always believed in service before self and defining and discovering myself by being in community with others who want to serve. Joining University Sunrise is like discovering you have this wonderful extended family you never knew about."

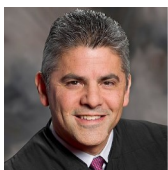
"I joined because it seems that the country is losing its sense of community. I wanted a chance to do some good with good people. Rotary is giving me that chance."



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Upcoming Club Programs

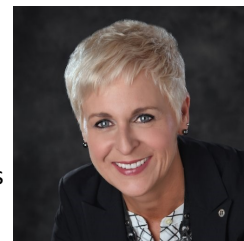
- April 14th** Rotary Club of Lake Forest Park
"The Future of Travel"
Rick Steves
 8AM
 Zoom <https://us02web.zoom.us/j/2257977384>
- April 15th** Rotary Club of Seattle International District
**"Asian American Pacific Islander
 Concerns & Action"**
Kim-Khánh Văn,
 City of Renton Council Member
 11:30AM
 Zoom <https://bit.ly/3cdcCip>
- April 16th** Bellevue Breakfast Rotary Club
**"The State of Strategic Communications
 in 2021"**
Chris Guizlo, The Fearey Group
 7:30AM
 Zoom Meeting ID: 898 2849 0092; Password: 014999
- April 16th** Lake Union Rotary
**"A Citizens Initiative: The Plan to End
 Chronic Homelessness and Keep Parks and
 Other Public Spaces Open"**
Tim Burgess, Compassion Seattle
 Former Interim Seattle Mayor & City Council President
 7:30-8:00 AM
 Zoom: [https://us02web.zoom.us/j/84983490396?
 pwd=NTZjSXlPak1oYXRuOC95Mmxybnlzdz09](https://us02web.zoom.us/j/84983490396?pwd=NTZjSXlPak1oYXRuOC95Mmxybnlzdz09)
 Password (if requested): Rotary2020
 Meeting ID (if requested): 849 8349 0396
- April 23rd** University District Rotary Club
"Earth Day 2021: Restore Our Earth"
Julie Fox
 12 noon
 Zoom: <https://us02web.zoom.us/>
- April 29th** Redmond Rotary Club
**"Commercializing Lithium-silicon
 Battery Technology"**
Rick Costantino
 Co-founder Group 14 Technologies
 12 noon
 Zoom Meeting ID; 673 232 766; Password: 803762
- May 5th** Rotary Club of Seattle
**Steven Gonzales, Chief Justice,
 Washington State Supreme Court**
 12 noon
 Zoom <https://zoom.us/j/259970584>



"RACE MATTERS to ROTARY" A District 5030 Forum

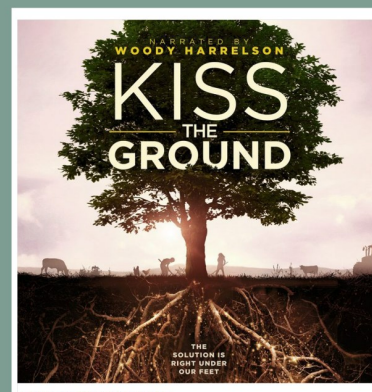
Saturday, April 17, 2021 @ 9AM

Join Rotary International Director **Valarie Wafer** to learn what Rotarians are doing around the world to promote diversity, equity and inclusion. We'll have a robust Q&A followed by break-out sessions to discuss and determine next steps for Rotarians locally.



Advance registration here: [https://zoom.us/meeting/
 register/tJMqf-iprT4sEtwPB3VAt0t8FGngLVuDWXfe](https://zoom.us/meeting/register/tJMqf-iprT4sEtwPB3VAt0t8FGngLVuDWXfe)

SAVE THE DATE! APRIL 24, 2021 7:30 PM



The Environmental Rotary Club of Puget Sound is proud to present a virtual movie night in celebration of Earth Day. We will show the documentary *Kiss the Ground*. Details will follow. We hope to see you on zoom!

Sponsored by





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ROTARY COVID RESPONSE

WWW.ROTARYCOVIDRESPONSE.ORG



The Vaccine Task Force for 5030 (VCF-5030) continues to make good progress in its efforts to build momentum with the vaccination campaign across 5030. We have secured partnerships with Bellevue Chamber of Commerce and Toastmasters who will be joining our campaign. We are working to incorporate Rotarians from Districts 5100 and 5110 (Oregon) to expand our reach for more support in getting vaccines delivered across their communities. Enthusiasm is building within our district as Rotarians are signing to be volunteers in making a difference within 5030 – well done!

We are regularly updating our blog site to help promote the value of COVID-19 vaccines and their impact to the wider populations as the inoculation rollout takes hold. Feel free to catch up on the latest two VCF-5030 blog updates that spoke to [finding vaccination sites](#) and [how vaccines are protecting our elderly population](#). We are particularly interested in hearing from Rotarians within 5030 to tell us about their own efforts to support telling our story, which can be shared in the VCF-5030 blog.

Here is our Vaccine Task Force PSA video: <https://www.youtube.com/watch?v=oQR0h85HqB4>, Please view it and share it across your social

media. This video will be used by our Club Coordinator Danny Edwards, to promote the VCF-5030 campaign and call to action for Rotarians in 5030, and beyond, to join our early cohort of volunteers in



making a difference. Remember to do your bit by telling your own vaccination story and sharing your pictures via Facebook or Twitter with the following tags **#RotaryResponds**, **#PeopleofAction** and **#Rotary** in celebration of your impact.

World Immunization Week: April 24 - 30

With decades of experience from working to eradicate polio, Rotary members can play a key role in publicizing the power of vaccines. World Immunization Week, 24-30 April, is an opportunity for Rotary clubs to raise awareness of the importance of vaccines in saving lives — and the critical need to continue supporting polio vaccinations even while protecting people against the coronavirus.



Download the World Immunization Week Toolkit.

SEATTLE CITY ROTARACT
IN-PERSON SERVICE EVENT



ADOPT-A-STREET CLEANUP
E ALOHA ST & 15TH AVE E

APRIL 18TH @ 10 AM

Bring yourself, mask, water, and snacks! We will provide gloves, trash pickers, and garbage bags.



The Great Northwest
Rotary Network

You are Invited to a
Business Networking Event

April 21st, 5:30 pm - 6:30 pm

Make new connections and introduce your
business to local businesses

This event sponsored by
Rotary District 5030 - There is no charge.

Register in advance:

[Click Here To Register](#)

After registering, you will receive a confirmation email containing information about joining the meeting.

District Training Opportunity

Welcome

NEW MEMBERS

Rotary District 5030

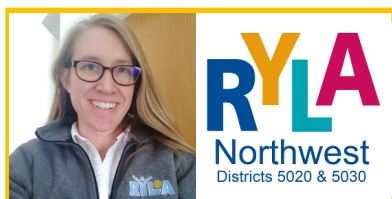
New Member
Orientation and Social

Tuesday April 20th, 5:00-6:00 pm

Registration Link: <https://zoom.us/meeting/register/tJEvf-ChqjMoHtH9BtoNjKtr2FQgNi7EFV9C> Once registered you will get the link to login at the scheduled time.



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The RYLA Committee is proud to report a very successful RYLA 2021!

This year's RYLA program was approximately 20 hours of virtual meetings, spread out over the Wednesdays and Sundays in the month of March. Districts 5020 and 5030 (RYLA Northwest) partnered with District 5230 (Fresno area of California) so that our facilitator teams and students would have the opportunity to interact and work together with peers from outside their area.

RYLA students participated in four weeks of workshops focused on communication skills, action group meetings with the goal of designing a community service project, and small groups meetings to discuss what they were learning. In addition to meeting, students were provided a video-based curriculum based on "The Truth About Leadership" by Kouzes and Posner and set personal development challenges. All of this was designed by our young Rotary leaders in Rotaract and Interact, under the guidance of Rotarians on the committee.

How do we measure success? By the development of our students! In the final workshop in an exercise focused on apologies, our first student volunteer apologized for missing a meeting and expressed his gratitude for all the effort invested in creating the RYLA program. At the final meeting, a student interrupted the program to express her gratitude for the opportunity to participate in RYLA (which was echoed in the chat). Several students sent their appreciate by email after the program concluded. In addition, multiple student groups (action groups and small groups) have committed to meeting after the program has ended. We encourage all Clubs who sponsored a student to invite their RYLA scholarship recipient to a Club meeting to share their experience!



HUNGER INTERVENTION PROJECT

SHORECREST INTERACT CLUB

Our club thrives on connection with others, with each other, and the acknowledgment of an even greater need for service during COVID. We know that there are so many people struggling in a variety of ways, ranging from food and home insecurity to experiencing feelings of isolation. By addressing these challenges in our events and projects, we know that we are making the biggest impact we can.



Meet one of the newest Rotaractors to D5030, Mollie Smith!

Mollie may be new to our club, but she is no stranger to Rotary. Several of her family members, including parents, grandpa, aunts, and uncle, have all been Rotarians at some point. She joined our club to continue her family tradition, meet new people, and get involved in her community. Even though she is a new member she is Seattle City Rotaract's incoming International Service Chair.

Mollie is a native Washingtonian. She received her Bachelor's degree in Political Science and Government at Pacific Lutheran University. She has also spent time in the other Washington (DC) to pursue a MA in International Affairs. She is now back in Washington state and working as an executive recruiter in the social sector.

In her personal time, Mollie enjoys cooking and trying out new recipes. She also listens to true crime podcasts and spends time with friends and family. During the pandemic, she has branched out and started watching old movies and backpacking in the Olympic National Park.



University District Street Clean-up

We wrapped up our week of service by gathering (while adhering to COVID-19 safety guidelines) to pick up garbage in the University District of Seattle. We were lucky to be joined by Rotaract members of the University of Washington Seattle Rotaract Club and Seattle City Rotaract Club, along with Rotarians from University Sunrise Rotary. It felt like spring was in the air and our members left the street much cleaner than they found it. A successful end to World Rotaract Week.



ROTARY DISTRICT 5030



SERVE TO CHANGE LIVES

FESTIVAL OF TRAINING

Workshops are held the entire month of May. Open to all Rotarians! Click on the title for a description and to register.

WEEK ONE



MONDAY

TUESDAY

May 4th 5:00-6:00
[District 5030 Rotary COVID Response, Vaccine and Volunteers](#)

WEDNESDAY

May 5th 5:00-6:00
[Rotary Wants YOU!](#)

THURSDAY

May 6th 5:00-6:00
[Global Grants: Passion, Action, Traction for Sustainable Change](#)

May 4th 6:30-7:30
[Go Fast Alone, Go Far Together! \(Membership\)](#)

May 5th 6:30-7:30
[The Rotary Foundation: Giving and Sustainable Impact](#)

May 6th 6:30-7:30
[Rotary Supporting the Environment: Solutions and Hope](#)

May 10th 5:00-6:00
[Strengthening Your Club with Outstanding Programs](#)

May 11th 5:00-6:00
[What Club Secretaries Need to Know](#)

May 12th 5:00-6:00
[District Grants: The Process and Training](#)

May 13th 5:00-6:00
[International Service: Our District Resource Network](#)

May 11th 6:30-7:30
[Our District's Peace Initiatives](#)

May 12th 6:30-7:30
[Social Media: Nuts and Bolts for Club Promotion](#)

May 13th 6:30-7:30
[How DaCdb Can Be Your Good Friend!](#)

May 18th 5:00-6:00
[New Member Orientation and Social \(All are welcome\)](#)

May 19th 5:00-6:00
[Vocational Service; Because it Works!](#)

May 20th 5:00-6:00
[Advanced Social Media to Help Your Club's Public Image](#)

May 18th 6:30-7:30
[Rotary's DEI Initiatives: What Could Your Club Do?](#)

May 19th 6:30-7:30
[Our Rising Stars, Interact and RYLA](#)

May 20th 6:30-7:30
[Global Grant Writer's Workshop](#)

May 24th 5:00-6:00
[In-Person and Virtual? How to Make Hybrid Meetings Work](#)

May 25th 5:00-6:00
[Rotary and Toastmasters, a Great Partnership](#)

May 26th 5:00-6:00
[Leveraging Rotary's \\$2M into \\$6M to Fight Malaria](#)

May 27th 5:00-6:00
[Pres Elect Nominees, Buckle Up, Countdown to Take-off!](#)

May 25th 6:30-7:30
[The Debits and Credits of Club Treasurer](#)

May 26th 6:30-7:30
[Youth Exchange and Youth Protection](#)

May 27th 6:30-7:30
[Wrapping Up Rotary's Pandemic Year and Looking Ahead](#)

WEEK TWO

WEEK THREE

WEEK FOUR



*"Together, we see a world where people unite and take action to create lasting change
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District 5030 Peacebuilders



April District Peace Convening:

Join your fellow Peace Building Rotarians for a virtual gathering to learn more about what committees and clubs are doing to uphold and enhance peace in our communities. Come to

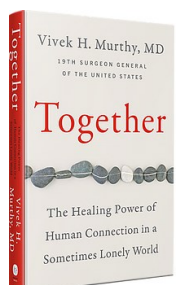
exchange ideas, connect, and perhaps even establish a new partnership. Be a part of our peacebuilding brainstorming for 2021-2022 engagements, projects, and programs (which won't all have to be virtual).



To ensure you receive the convening details (date, time and zoom link), email RotaryPeace5030@gmail.com by Friday, April 9th. Every effort is being made to ensure all of our gatherings are well attended for proper engagement and impact.

Human Connection for Peace & Healing:

We will gather to talk about the important and timely themes and messages in U.S. Surgeon General Vivek H. Murthy's book *Together: The Healing Power of Human Connection in a Sometimes Lonely World*. <https://www.vivekmurthy.com/together-book>.



How can we use the shared experience of this pandemic as an opportunity to strengthen our connections and communities? Dr. Murthy discusses his book's timely lessons, in conversation with Olga Khazan of The Atlantic, for the Aspen Institute in this video.

<https://www.aspeninstitute.org/videos/together-the-healing-power-of-human-connection-in-a-sometimes-lonely-world/>

In an effort to ensure we have a lively and viable discussion, an April date(s) and time(s) will be organized with those interested in meeting. If you have not already been receiving District Peace Building emails, please be sure to notify me you would like to be added to our list: RotaryPeace5030@gmail.com.

Sharing Peace in the District Newsletter: Send your club's peacebuilding news, efforts, or projects my way so we can begin sharing highlights in the District Newsletter. Send your brief (less than 100 word) update (and photo) to RotaryPeace5030@gmail.com by April 23rd.

Rotarians of District 5030

is a private Facebook group that's become a bulletin board for so many of our Clubs' activities. Current membership is over 415.

Click on this link to join. <https://www.facebook.com/groups/318618285967665/?ref=bookmarks>



Earth Day
April 22nd

Timing is everything, and the timing for action to help Mother Earth is now.

By Erv DeSmet, Chair, District Environmental Sustainability Committee

A friend of mine sent me several years ago a statement made by a Hopi Elder. The Hopis are indigenous people whose homelands are in or near the Grand Canyon. It spoke to me then when I first read it, and it speaks to me now as well.

"You have been telling the people that this is the Eleventh Hour. Now you must go back and tell the people that this is the Hour.

And there are things to be considered:

It is time to speak your truth.

Create your community.

Be good to each other.

And do not look outside of yourself for the leader."

Then he clasped his hands together, smiled, and said: "This could be a very good time!

There is a river flowing now very fast. It is so great and swift that there are those that will be afraid.

They will try to hold on to the shore. They will feel they are being torn apart and will suffer greatly."

"Know the river has its destination. The elders say we must let go of the shore, push off into the middle of the river keep our eyes open, and our heads above the water.

And I say, see who is in there with you and celebrate. At this time in history, we are to take nothing personally.

Least of all, ourselves. For the moment that we do, our spiritual growth and journey comes to a halt."

"The time of the lone wolf is over. Gather yourselves."

"Banish the word struggle from your vocabulary. All that we do now must be done in a sacred manner and in celebration.

We are the ones we have been waiting for."

Fellow Rotarians and difference makers, now is the hour to join forces and support our natural environment. I am sure that is why RI has made supporting the environment our newest area of focus.

What are Toastmasters saying about Rotary??



Excitement and Strength

Providing members with more opportunities for personal and professional growth is at the core of the newly formed Rotary/Toastmasters strategic alliance. There is much excitement to leverage unique and similar strengths and meet the evolving needs of current and prospective members. Get behind the efforts to establish fellowship and connections, and potentially strengthen your clubs and diversify membership!

Support this collaboration by:



Welcoming a Rotarian to visit a Toastmasters club



Inviting a Rotarian to be a guest speaker at a Toastmasters club



Considering opportunities to hold a joint Toastmasters/Rotary club meeting



Learning more [about Rotary](#) and visiting [a local Rotary club](#)



Announcing New District 5030 Blood Donor Champions

Our region needs blood. Period. Normally, 60% of our blood supply comes from mobile donation centers that have been shut down for over a year due to COVID-19 safety protocols. Meanwhile, **demand for blood has risen 8%** in the past year.

To help meet the need, District 5030 Rotarians have committed to donate 150 units of blood each quarter – that’s **50 units per month, or 1.7 Rotarians donating each day.**

To rally Rotarians to donate whenever and wherever they can, Fremont Rotarian **Beth Tesh** and Seattle #4 Rotarian **Sten Crissey** are co-leading a team of Rotarian champions across our district who will be encouraging, supporting, reminding, cajoling and possibly prodding the rest of us to donate on the date, at the time, and at the location that is most convenient. Stay tuned for information about BloodworksNW “pop-up” donation sites around the region where blood donations are possible in your neighborhood.



Here is DG Cathy Gibson donating in March at a convenient pop-up site near her home in West Seattle:






To schedule your blood donation appointment, click here: <https://schedule.bloodworksnw.org/DonorPortal/GroupLanding.aspx?s=3760>

Consider downloading the BloodworksNW app for [iPhone](#) or [Android](#) to join Rotarians Bold for Blood and amplify our impact.

To learn more about BloodworksNW, here is a link to **BloodworksNW CEO Curt Bailey’s** presentation last month at Seattle Rotary: <https://www.youtube.com/watch?v=DJhD2bTNx2g>

**ROTARY HAS HELPED
VACCINATE MORE
THAN
2.5 BILLION
CHILDREN AGAINST
POLIO**

Rotary  *"Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves."*



What a year we all experienced including our District Project, Partners for Work (PFW). As our community sheltered in place being creative

became our driving force and we designed a new foundation for our work. Rotarians pivoted to provide experiences for job seekers in a virtual world.

Rotarians conducted hundreds of mock interviews which improved student's confidence in their job search. Clubs welcomed candidates to do a virtual resume or showcase a short video as a marketing tool, getting job seekers in front of business representatives. We even had a couple Rotary Club Greeters join meetings on zoom, very creative. Lastly, we have added requests for employers to shoot short video tours on their business. These are excellent tools to utilize with students in order to expand interest areas that they might not have had previously considered.

PFW is looking forward to being together in our communities and continuing our important work of making our cities inclusive for everyone.

If your club would like to get involved or learn more about PFW, contact Debbie Moore, Issaquah Rotarian, Partners for Work Coordinator at (206)321-1134, debbie@gowise.org

A special THANK YOU to the following Rotary Clubs for TAKING ACTION and being participants in PWF.

West Seattle
Kent
Bellevue
University District
Seattle International District
Woodinville
Auburn
Issaquah

Ballard
Kent Sunrise
Mercer Island
Covington Enumclaw
NE Seattle
Bellevue Breakfast
Snoqualmie Valley
Lake Union Neighborhood



'THE WHEELS ON THE BUS...'

Look for it. The Environmental bus ads are up and running. The Kings: Issaquah, DT, Redmond, Bellevue, Woodinville, Greenlake, University District. Mega Kings: up and down I-5

Check out the Rotary Covid response Blog. <https://rotarycovidresponse.org/?p=3510>.

APRIL is Maternal & Child Health month...Keep on posting on Instagram/FB.

We need your ACTION photos. <https://form.jotform.com/202116947703049>

WANNA JOIN THE FUN PUBLIC IMAGE TEAM? WE NEED YOUR ENERGY TO KEEP THE SOCIAL MEDIA MACHINE GOING...! We meet 2X/month on Thursdays 1p Contact robinleeroat@gmail.com

Ribbon Cutting Ceremony for the Clay Apartments

Rotarians from the Seattle International District and Mercer Island Rotary Clubs helped raise funds and donated materials for permanent supportive housing for vulnerable homeless veterans and other homeless people in Seattle's Capitol Hill.

Thank you to the Low Income Housing Institute (LIHI), it's Executive Director Sharon Lee and fellow Rotarian, for spearheading the purchase and management of this building. Other funding for this wonderful project came from the Seattle Office of Housing, WA State Housing Finance Commission, and HUD. The most impactful speech was delivered by a previously homeless veteran who now has a nice home to go to. [#RotaryServiceAboveSelf](https://www.instagram.com/rotaryserviceaboveseelf) .





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This year's event will connect you, virtually, with members around the world. It will open new opportunities to learn and to engage with the family of Rotary, near and far. Together, we'll inspire action, strengthen our commitments, work on our challenges, and celebrate our successes.

Visit the [convention event page](#) on Facebook to connect with other participants and share what you're looking forward to experiencing with #Rotary21. The Virtual Convention is open to all Rotary members and participants, so invite a friend to join you or share the event with your community.

[LEARN MORE](#)

District Conference - October 2021 Coeur d'Alene, Idaho

Your Rotary District Conference Planning Committee is looking for talented Rotarians to help with the planning and execution of the event.

This is your chance to meet Rotarians outside of your club and expand your Rotary family. We are specifically seeking volunteers with event planning experience and people with a talent for marketing and promotions.

For more information or to join the committee, please contact Conference co-Chair Diane Tebelius dtebelius@lesourd.com or Trent Mummery trent@onetrent.com.



District Newsletter Deadline May 1st

Up to 1/2 page dedicated to each club. Limit articles to no more than 300 words plus one picture. Pictures and Ads need to be in .jpg format. Ads are limited to 1/4 page without prior approval. Put DISTRICT NEWSLETTER in the subject line.

Send to: carmamckay@gmail.com



Rotary International recently approved a new Action Group, "Menstrual Health and Hygiene (MHH): Break the Silence". This Rotary Action Group (RAG) has really taken off with Rotary women around the world advocating to keep girls in school and women at work by educating young girls on how to manage their menstrual cycles or periods by having access to Washable Menstrual Hygiene Pad or the menstrual cup after the age of 18. Currently there are 256 members in the WhatsApp group. If you would like to be part of the global RAGMHH, please contact Sharmila on WhatsApp +44 7553 936165 and ask to be added to the group chat. In this chat, ideas are shared along with several presentations via Zoom from various Clubs around the world or from RI. It is really an amazing group.

The RC of Lynnwood, D5030, is currently in its second year of a GG, Days for Girls Eswatini, training women in eSwatini, Africa to sew the washable menstrual kits, distribute them to the government schools and pour communities while educating both boys and girls on menstrual health and their bodies. There are three districts involved in this GG. We thank our Rotary Club partners in D5030, Emerald City, Edmonds Daybreakers & Mill Creek. Our next step or project is to provide water and sanitation to 22 schools that we have distributed the kits to.

"Rotary's leadership is united in stating that Rotary does not tolerate speech or behaviour that promotes bias, discrimination, prejudice, or hatred because of age, ethnicity, race, colour, abilities, religion, socioeconomic status, culture, sex, sexual orientation, or gender identity. There is no place within Rotary for racism, homophobia, transphobia, sexism, classism or ageism. We do not believe that this is a political stance and we do believe that we should openly discuss these issues within our organisation."

HOLGER KNAACK
ROTARY INTERNATIONAL PRESIDENT



Send Us Your Rotary Club Photos

We're looking for photos depicting Rotarians in Action. This link will take you to the submission form.

<https://form.jotform.com/202116947703049> (Do not send photos of children unless you have a signed release from their parent.)



Join District Governor Cathy to celebrate the end of the 2020-2021 Rotary year.
 All Rotarians and Rotaractors are welcome.

Two golf tournaments and two in-person socials!

Proceeds benefit our four District 5030 Projects:
 Harvest Against Hunger, Music 4 Life, Partners for Work and Music Mends Minds

**Monday, May 17th
 Harbour Pointe Golf Course**



All day Tee Times & District Happy Hour @ 5:30PM
 Come for the golf, the Happy Hour, or both!
 Registration Deadline - May 3rd
 For more information and to register, visit: www.rotary5030golf.org

**Monday, June 28th
 Golf Club at Newcastle**



Lunch + Scramble Format; Shotgun Start @ 1:30PM followed by social & year-end program @ 6PM
 Come for the golf, the social & program, or both!
 Registration Deadline – June 14th
 For more information and to register, visit: www.rotary5030newcastle.org



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Rotary's First Program of Scale: Partners for A Malaria Free Zambia

Partners for a Malaria-Free Zambia is a \$6 million grant to train, equip and deploy 2,500 Community Health Workers (CHWs) in Zambia's Central and Muchinga provinces.

April 29, 2021 – 9:00am PDT (11:00am CDT)

Click on this link to register:

<https://malariapartnersinternational.org/webinar-registration-pmfz/>



ALL IN FOR AUTISM 2021
VIRTUAL RUN/WALK

April 25 - June 17, 2021
#DoItYourWay
5K, 10K or 54 miles

Register at
<https://allinforautism.org>

Brought to you by
Bellevue Breakfast
Rotary Club

VASHON ROTARY CLUB PRESENTS

CONVENE, COLLABORATE AND CELEBRATE!


WITH HOST KEVIN JOYCE

A Virtual Fundraiser to
Celebrate Vashon Rotary Club's
35 years of service!

SATURDAY, APRIL 17, 2021 AT 7PM

Learn about how Vashon Rotary has positively impacted many non-profits in combating climate change, changing ourselves, our community, and the planet.

Join our Self Guided Sustainability Tour
4/11 and 4/12
Details at
VashonRotary.org

Rotary  *"Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves."*

Every Rotarian, Every Year (EREY) Club Update



Jeff Brennan

EREY is an annual club recognition for clubs that achieve a minimum average contribution of \$100 per member to The Rotary Foundation Annual Fund plus have 100% of its members personally contribute at least \$25 to the Annual Fund during that Rotary year.

Why EREY? The Rotary Foundation Annual Fund is our primary source of district and global grant matching funds. And, contributions to the Annual Fund also go to support projects in the area of Peace, PolioPlus, and other projects in Rotary’s area of focus. These projects don’t happen without our support! EREY is a recognition program for clubs focused on encouraging its members to support Rotary’s mission by giving to the Annual Fund.

We already have two clubs that have achieved EREY status. Please join me in congratulating the **Rotary Clubs of Duvall and Lake Union Neighborhood!** Thank you for your focus on this important area. And, there are still three months left to achieve EREY status for your clubs. Below is a listing of clubs that are closing in on 100%-member contribution to the Annual Fund as of the end of March:

Thanks again to the Rotary Clubs of Duvall and Lake Union Neighborhood for being our first clubs in this Rotary year to achieve EREY status!

Club	% Members Contributing to Annual Fund
Kirkland	98%
Woodinville	93%
Mill Creek	85%
Sammamish	84%
Bellevue Breakfast	79%
Bellevue Sunrise	75%
Emerald City	73%
University Sunrise of Seattle	70%



The Rotary Foundation  **Create Lasting Change**

www.rotary.org/en/donate 866-976-8279

State of the Art IT Classroom in Baan Mae Ta Maew, a Remote Village in Thailand.

The Rotary Club of Edmonds Daybreakers Is pleased to announce the successful completion of a brand new, sophisticated IT Classroom for school located in a remote village in the highlands of northern Thailand.

Here is a first-hand report from our Rotary partner, Carol Acosta, in Maechan, Thailand.



Baan Mae Ta Maew is a small primary school being moved higher up the mountain to have better access to an Internet signal that will permit improved connectivity for IT usage. Currently, they have the activity building at the new site and the bathrooms we built earlier this year.

The equipment is currently in two rooms. The younger children were working on learning to read the Thai alphabet. The computers definitely made that easier as the letters were quite clear and easily read. I am not sure what the older children were working on, but they appeared to be at ease with the equipment,


This is a small school in an isolated location, but all the villagers appear to have a common commitment towards the value of education and seeing to it that their children become as educated as possible. For that reason, I believe this is a school/village worth assisting. The money was well spent.

Thanks must be given to the Rotary Club of Washington D.C., Edmonds Daybreakers Rotary Club, and the SE Asia Foundation.

Following our visit to see the equipment, we were treated to a really good lunch that we shared with the director and teachers. We had taken a sort of a sweet sandwich and mixed fruit milk for the children and handed it out after their lunch. They enjoyed the treats.



Children working on computers at the Baan Mae Ta Maew school.



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University District Rotary’s School Desk Project in Congo Nears Completion

A grant of just \$4,200 sent in mid-March from our club to the Ekanga-Mbandaka Rotary Club of the Democratic Republic of Congo (DRC) has already resulted in locally constructed desks for students of the Bongondjo School of Mbandaka, a city in the northwest area of the country. The Congo club contributed \$100 and got construction started with a non-governmental development organization, Adaj-Congo.

Basic education in Congo is free, but schools are overcrowded and cannot meet the demand. Desks and other classroom amenities are in even shorter supply, and most students do schoolwork while sitting on the floor. This project will result in 60 desks which seat three students each. The Bongondjo School plans to put 10 of these desks in six classrooms.

The project not only provides a better learning environment for primary school students, it also contributes to the local economy and local job-skills training. Adaj-Congo, which is building the desks, trains young people in carpentry, painting, agricultural work, and other activities aimed at empowering them.

The Bongondjo School is owned by the government and managed by a local church. Serving a very poor area, there is no money for equipment. However, the school’s administration and parents’ committee will be responsible for maintaining the new desks.

Our club’s primary sponsor for this project (the first our club has carried out in the DRC) is Linda Harris. The co-sponsor is Joe Whitford. They are already planning another proposal to refurbish the school’s blackboards and paint and repair the exterior.



Top: Before - Bottom: After

Water purification system for a school in Ban Wiang Sa, a Remote Village in Thailand

The Rotary Club of Edmonds Daybreakers Is pleased to announce the successful completion of a brand new water purification system for a school located in a remote village in the highlands of northern Thailand.

Here is a first-hand report from our Rotary partner, Carol Acosta, in Maechan, Thailand.

All work was completed at Wiang Sa and the dedication for a new water purification project was held on Wednesday, February 17th. We wanted the kids to be present for the dedication and, as it turned out, many of our club members were able to attend as well. There were also dignitaries from the local Tambon (District). It was quite a turnout.



State of the art system newly installed

The facilities were dedicated in typical Thai style. Large bags of organic produce from a local grower were presented to each of us in addition to a delicious lunch. We arranged to have ice cream for all the children but first they had to learn and say: "I scream, you scream, we all scream for ice cream" before they received it. It just added a bit of a fun element to the afternoon.

In addition to the purification system, the project was expanded to include a storage tank, the faucets where the children can fill their water bottles to carry with them throughout the day, and piping and faucets to other points around the campus. I believe we were able, with the cooperation of the school personnel, to accomplish a great deal for the money we had available.

Our thanks go to your Daybreakers club, to the Washington DC club, and to the SE Asia Foundation. They have no idea how much their grant helped the children of Wiang Sa.



Rotarians and students testing the water



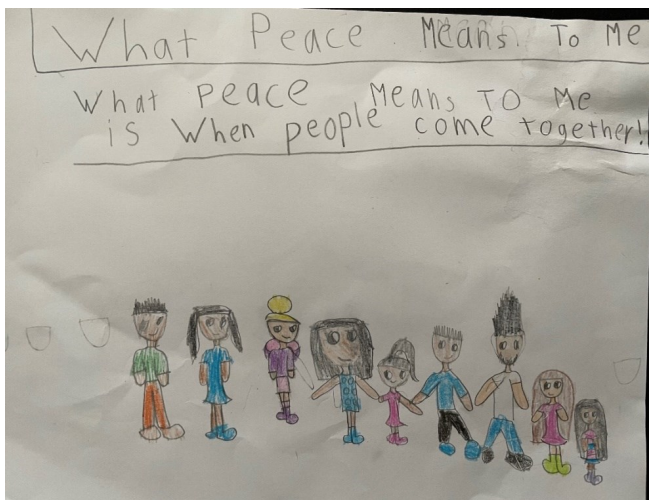
"Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves."

Lake Forest Park Rotary Contest Winners "What Peace Means to Me"

The Rotary Club of Lake Forest Park is proud to announce the winners of the 2021 "What Peace Means To Me" Contest. A panel of four Rotarians judged all of the entries in each of five categories (Kindergarten to 2nd Grade, 3rd to 4th Grade, 5th to 8th Grade, 9th to 12th Grade, and Adult) and were very pleased with the thoughtfulness and the wide range of genres that were represented: haiku, digital illustration, essay, poetry, and artwork. We hope to make this an annual event and look forward to seeing next year's entries.

**We sincerely thank everyone who entered the Contest!
The winners are as follows:**

Kindergarten to Second Grade Category: Dahlia Mitchell



Third to Fifth Grade Category: Eve Goldman

Peace

A cool breeze blowing in my face, the shade of a towering oak tree, and the soft grass surrounding me.

The swing of a hammock and the slight thip, thip, thip, thip of pages turning in a book.

The laughter of my friends and the smiles on each of their faces.

Hands of all colors and shades joining together making an unbreakable chain and no fighting between countries.

Looking out the window to snow flakes falling from the sky.

Art.

Music.

Let's Mentor Together

Bellevue Rotary Peacebuilder Committee has researched and found many fine mentoring opportunities in our community. Many of our clubs have their own mentoring projects. We thought it would be good to learn about all the mentoring going on so that we will learn from each other and make more of an impact. Please let us know the good work mentoring you and your club are involved in by writing to nancypasternak@gmail.com.

The Mentor Washington is promoting the 2022 International Peace Congress will be in Quito, Ecuador. Congress theme: "Identity, Belonging, and Migration." We are excited to see the connections, perspectives, and ideas that come forth. We hope to register at least 5 people so that registration will be only \$15.



Meet Rotary in the Winner's Circle!

2021 Online Auction · April 28 - May 1
visit: <https://enumclawrotary.afrogs.org> or scan the QR code below

A sampling of Auction offerings:

- Tickets for 2 to a Seattle Kraken NHL Hockey game!
- Delicious Homemade Bread delivered to you twice a month!
- Smoked Brisket Dinner for 6-8 with all the fixin's!
- Rounds of Golf at Washington National Golf Course

When Enumclaw Rotary works...

In Our Community, Rotary supports:

- \$10,000 in local scholarships for college & vocational school!
- Enumclaw Senior Center
- Plateau Outreach Ministries
- Full Bellies · Junior Livestock Show
- Enumclaw Clothing Bank
- Enumclaw Schools Foundation
- Enumclaw High School Interact Club

...the Community Wins!

Rotary Club of Enumclaw Visit our auction site!



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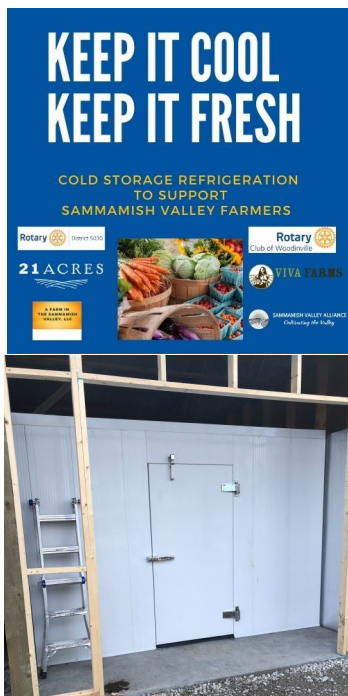
Keep It Cool. Keep It Fresh.

Organizers of the Keep It Cool, Keep It Fresh Refrigeration Project seek to aid small acreage farmers in the Sammamish Valley in their desire to bolster a sustainable food system while also supporting the environment. The project provides a cold storage unit located in the middle of the Sammamish Valley Agricultural Production District (APD), one of the most fertile valleys in the country, just 30 minutes outside of Seattle, WA.

Beginning in spring, this first of its kind refrigeration unit will be entirely solar powered, making it a uniquely off-grid farm refrigeration unit. With a generous grant from Rotary International of \$8,000 and matching club funds of \$8,000 from Woodinville Rotary's Charitable Foundation, this unit will provide reliable storage for perishable products to small acreage farmers in the Sammamish Valley. Equally important is an additional investment from *A Farm in The Sammamish Valley, LLC* to provide for the construction of the solar array and the associated equipment to power the unit. We are very fortunate for this partnership with not only *A Farm in The Sammamish Valley, LLC*, but other community-supported organizations including *21 Acres, Sammamish Valley Alliance, Woodinville Rotary* and *Rotary District 5030* for collaborating to bring this essential asset to local farmers.

When farmed to full potential, the Sammamish Valley could supply local, organic vegetables to 80,000 people annually. These sustainable high yields are essential as climate change decreases yields in the Midwest and California. Long-practiced at producing food based on the principles of carbon sequestration and healthy soil management, Sammamish Valley farmers strive for lasting agricultural viability. As food chains become less predictable due to climate change, storms and pandemics, these local farmers serve an increasingly important role in providing food security to our community.

Woodinville Rotary and its Environmental Stewardship Committee have worked to bring non-profits and local organizations together in support of the environment, one of seven areas of focus identified by Rotary International. Bringing this focus directly into our community and addressing the pressing issues of food insecurity and food waste is more important now than ever before, as is supporting farmers that practice regenerative agriculture.



Sammamish Rotary and Agros International Celebrating 10 Years of Partnership



For 10 years, Sammamish Rotary Club and Agros International have built an incredible partnership building to the groundbreaking program, Healthy Start. While Agros works throughout Central America, the Healthy Start program focuses in the Ixil region of Guatemala, reaching families living in extreme poverty. Unlike many aid programs, Healthy Start tackles hunger and extreme poverty at its roots. Thanks to the partnership with Sammamish Rotary, families in the rural communities of Guatemala are receiving life-giving benefits to reduce rates of childhood malnutrition and address food insecurity.

In 2020, Healthy Start was able to reach 150 families, supporting over 200 children. In the villages Agros serves, working individuals currently have an income of less than 55 cents per day, which means basic needs such as nutritious meals, safe drinking water, health care, and education are not able to be met. Thanks to the partnership with Sammamish Rotary, this program is now able to not only meet these basic needs through immediate food support, but also create long-lasting change, with initiatives like a network of community health workers and women-led revenue-generating businesses giving families a chance to exit food insecurity permanently.

Last year, the partnership reached new heights, expanding into new Rotary clubs and even globally, as the work that Sammamish Rotary and Agros gained recognition through the matching donation support of the Rotary International Global Grant. As we look to the future and the next 10 years of this successful and long-lasting partnership, we are hopeful and excited to see what will be accomplished.

If you'd like to learn more about the Rotary's partnership with the Healthy Start program and how you can provide services to hungry families and children, and if you'd like to join forces with other Rotary clubs in the Global Grant please reach out directly to Cary Young at Sammamish Rotary at cary.young@sammamishrotary.org.

